

Mendooran Food Cycle - Program 17 to 20 Sept 2026









By Central West Cycle Trail Inc





centralwestcycletrail.com.au or [Mendooran Food Cycle Tickets](#)







29 May 2026 v2

Time	Activity	Location	Organised by	Price	
Thursday 17 Sept					
9.00am 	Ride Gulgong to Dunedoo (58km) join the crew heading to Mendooran via the CWC Trail	Coronation Park, Mayne St, Gulgong	CWCT Committee but self-guided	Free	Indicate intention to ride - THANKS!
11am – 1.30pm 	Lunch at "Mayfield" let Sue show you their beautiful garden and some great home cooking	Bus Route South Rd, Birriwa, 35km up the CWCT from Gulgong, OR 25 km back from Dunedoo	Sue and Geoff Rains	\$35	Buy Ticket (bookings essential)
3.30pm-4.30pm	"Ride around Dunedoo" Discover Dunedoo – history, locations and more.	Start in front of library, Bolaro St (main street)	Sharon Nott, CWCT Inc	Free	Indicate intention to ride - THANKS
Friday 18 Sept					
8 – 10am 	Dunedoo Museum get to know the history of this interesting regional town.	Old Dunedoo Post Office, 42 Bolaro Street, Dunedoo	Dunedoo Historical Society	\$5.00	Buy ticket or cash at the door
8.30am	Ride Dunedoo to Mendooran via Cobbora (64km) join the crew heading to Mendooran via the special backroads of the CWC Trail	White Rose Cafe. Bolaro Street, Dunedoo	CWCT Committee but self-guided	free	Indicate intention to ride - THANKS
9.30 - 11.45am 	Brunch at "Cobbora Station" On your way to Mendooran from Dunedoo one of the iconic stops is Cobbora Station for brunch	"Cobbora Station", turn west off Cobbora Rd, 500m from edge of township of Cobbora, 25 km from Dunedoo via CWC Trail	Sally Dent	\$35	Buy ticket (booking essential)
9.00am 	Ride Coolah to Mendooran (64km) join the crew heading to Mendooran	Coolah Bakery. The ride goes via Neilrex Rd – return on the Sunday via Digilah-Mt Hope – a nice loop	CWCT Committee but self-guided	free	Indicate intention to ride - THANKS!


9.00am 	Ride Ballimore to Mendooran (61km) join the crew heading to Mendooran via the CWC Trail. Ride through the wonderful Goonoo Forest	Ballimore Park.	CWCT Committee but self-guided	free	Indicate intention to ride - THANKS!
Saturday 19 Sept					
7.30am 	Mendooran - Dunedoo Gran Fondo / Century Ride: Long loop ride (120km) to Cobbora, Dunedoo (lunch), then back via Digilah, Route follows the CWC Trail. CLICK HERE FOR ROUTE	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee but self-guided	Free	Indicate intention to ride - THANKS!
8.15am 	Yarragrinn Creek & LOOPS First section suitable for road bikes! A first. Yarragrinn Creek 40km return (all sealed - suitable for road bikes) MAP Click here 46km loop with gravel MAP click here 80km loop with gravel MAP click here Enjoy morning tea on the way, see below.	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee	Free	Indicate intention to ride - THANKS
8.45 - 11am 	Pop Up Yarragrinn Woolshed Café. Coffee, tea and more to be found as you take in the rural surrounds.	Yarragrinn Creek on road to Tooraweenah (Gentle Annie Rd), 18km north of Mendooran.	CWCT Committee	\$20	Buy ticket (Booking essential)
8.30 - 9.45am 	Ride around Mendooran (8 km), a quiet cycle through the back streets and along the river. CLICK HERE FOR ROUTE	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee	Free	Indicate intention to ride - THANKS!
10.00 - 11.30am 	Mendooran Heritage and Architectural Walk , classic examples of Art Deco and colonial styles, hear the stories.	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee	\$7.50	Buy ticket (Booking essential)
1.30 - 2.30pm 	Bees, Honey and Mead. This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery.	79 Frederick Road, Mendooran	Adrian Grew, The Bee Farmer	\$30	Buy ticket (Booking essential)
2 – 4pm	Weave your Walk - A gentle walk on Wiradjuri Country gathering inspiration and material followed by a workshop using materials gathered.	Mendooran Showground, 35 Dalglish Street, Mendooran	Three Rivers Landcare & Dunedoo Makers Space	\$20	Buy ticket (Booking essential)
3 – 3.45pm 	Black Gate Distillery Genise and Brian offer a unique experience with tastings of their Dark Rum and Single Malt Whisky. Tastings are designed to take you on a journey of flavours, showcasing the best.	Forest Rd (main road going to Dubbo) between Frederick and Railway St, Mendooran. Enter "Black Gate Distillery" navigation system.	Genise and Brian of Black Gate Distillery	\$30	Buy ticket (Booking essential)

3 - 5pm	Grass Identification: Mobile phones (camera) and the internet make grass identification highly accessible. Get on top of few key 'jargon' terms and you are on your way. Includes notes.	Showground	CWC Committee	\$20.00	Buy ticket (Booking essential) Limit 12 participants.
3.30 - 4.30pm 	Bees, Honey and Mead. This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery.	79 Frederick Road, Mendooran	Adrian Grew, The Bee Famer	\$30	Buy ticket (Booking essential)
4.15 – 5.00pm 	Black Gate Distillery Genise and Brian offer a unique experience with tastings of their Dark Rum and Single Malt Whisky. Tastings are designed to take you on a journey of flavours, showcasing the best.	Forest Rd (main road to Dubbo) between Frederick and Railway St, Mendooran. Enter "Black Gate Distillery" in navigation system.	Genise and Brian of Black Gate Distillery	\$30	Buy ticket (Booking essential)
6 for 6.30pm  	<h2 style="text-align: center;">Tastes of Mendooran Dinner</h2> <p style="text-align: center;">The conversation and meet-ups will happen, whilst the Mendooran Show Society provides a multi-course dinner. With the baked vegetables. Select from the slow cookers: lamb, beef, pork - all from the district. Then desserts. Vegetarian options available.</p>	Mendooran Showground, 35 Dalglish Street, Mendooran	The Mendooran Pastoral Agricultural & Horticultural Society.	\$35	Buy ticket (Booking essential)

Sunday 20 Sept					
8.15am 	Return rides: Mendooran to Dunedoo or Coolah Use the CWC Trail to make your way home	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee or Self-guided	Free	Indicate intention to ride - THANKS
8.15am 	Ride the Goonoo forest trails where meeting a vehicle is once in a 'blue moon' event. This is one of the most popular sections of the CWCT. You can either be riding onto Ballimore (60km Mendooran-Ballimore) or looping back to Mendooran via Deadman's Gully (51km). CLICK HERE FOR ROUTE Enjoy morning tea on the way, see Café Denmire below.	Mendooran Cafe, Bandulla S, Mendooran	CWCT Committee	Free	Indicate intention to ride - THANKS
8.45 - 11am onwards 	Pop Up Denmire Café. Coffee, tea and more to be found as you pedal through the forest. Cost \$20	Denmire Creek, intersection with Forest Rd (Mendooran - Dubbo Rd)	CWCT Committee	\$20	Buy ticket – (Booking essential)
9 - 10am	Mendooran Cemetery Walk – “where history is found” Cost \$7.50	Corner of Forest Rd (Dubbo-Mendooran Rd) and Fedrick Rd, 750 m south of town	CWC Committee	\$7.50	Buy ticket (Booking essential)
10.30 - 11.30am 	Mendooran Heritage and Architectural Walk classic examples of Art Deco and colonial styles, hear the stories.	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee	\$7.50	Buy ticket (Booking essential)
10.30 -12noon	Soap-making. With local produce innovator, Deb Kiem of the BlueSky Cheese Co-op Shop learn how to make soap. You may even be able to take some away to cleanse the perspiration of many a kilometre on the bicycle. NO COST to attend. Please register. -numbers limited. If you want to take soap have \$5 cash in the pocket.	Showground	Bluesky Cheese Co-op Shop	Free Or \$5 cash if want to take soap	Free (Booking essential - THANKS)

Bicycle Transport to Mendooran (roll on roll off). The only public transport from Sydney to Mendooran is Sydney Trains to Lithgow and then NSW Trainlink bus to Mendooran. Trainlink requires you disassemble your bicycle and box it for the bus!! For 2026 we are offering a parallel bicycle freight service to the Trainlink bus from Lithgow to Mendooran on Friday 18 September, returning Sunday 20 September. Need to be in Lithgow by 9.40am to get your bicycle on our trailer and Trainlink bus leaves at 10am arriving Mendooran at 1.46pm. Departing from Central Station Sydney, requires catching the 6.25am train. Return trip on Sunday be at Mendooran Bus Stop at

1.50pm to pass over bicycle and catch bus at 2.05pm. [CLICK HERE](#) to book the return bicycle transfer. **NOTE:** You will need to arrange your own TrainLink tickets for yourself.

Rides  From a Gran Fondo to a pedal around town and everything in between, the weekend has it all. Ride when you want, where you want. We are planning to have a rider who knows the route along on most rides for the times published. However, be self-sufficient, particularly on the longer 'Self-guided' rides. Use the 'RidewithGPS' routes from the links to also ride at other times.

Accommodation – There is a range of accommodation in and around Mendooran – camping at the Showground (plenty of undercover space and hot showers) or beside the Castlereagh River, local pubs and clubs, bed and breakfast and cottages. All but the camping will be tight so book early. Use the 'Accommodation-Tours-Transport' tab on the CWCT website for guidance, follow the link: [CLICK HERE FOR ACCOMMODATION](#) OR refer to the attached 'Quick Reference Accommodation Guide'.

SPACIOUS TENTS (3m x 2.4m) NOW AVAILABLE: Dubbo Scouts will arrange for a **fully erected** tent for hire over the weekend. Place your order by **14 September 2026** and it will be at the showground for you when you arrive on Fri 18 Sept. [Link to order a tent](#) for Fri and Sat nights. If you have other needs, such as camp beds, chairs, etc please drop us an email: info@centralwestcycletrail.com.au.

Lunches/Dinner/Snacks – The following arrangements are current but may be updated as we get closer to the weekend.

Friday Dinner ??

<u>Saturday</u>	Mendooran Café	6am – 6pm	<u>Sunday</u>	Mendooran Café	7am – 4pm
	Blue Sky Cheese	10am – 4pm		Royal Hotel	11.30am - 2pm and 5.30 - 8pm
	Royal Hotel	11.30am - 2pm & 5.30-8pm			

Bike Hire - Mendooran itself does not have bike hire but enquire to Dubbo-based Cooper Cycle Tours (0437 136 169) who will be attending the weekend.

Maps – Route Options

Other cycling routes around Mendooran will be posted well before the weekend. In the run up to the Mendooran Food Cycle the number of suggested routes may increase. If you're thinking of driving to a local town and doing a loop ride as part of the Food Cycle weekend but haven't got time for the whole CWCT there are a range of options available to connect Mendooran/Ballimore to/from Dunedoo/Goolma/Gulgong. Contact us for more information: info@centralwestcycletrail.com.au

Further information

For further information watch the [CWC Facebook](#) site or [CWCT](#) website News section. Any updates will be available on the CWCT website News section, although the Face Book site will be preferred as we get within the last week before the event. On the weekend the

Mendooran Showground will be the key location for information.

The weekend is organised by and is the main annual fund raiser for the Central West Cycle Trail Committee. We appreciate your support !!

Email: info@centralwestcycletrail.com.au www.centralwestcycletrail.com.au



Canola views on the CWC Trail in Spring



Great gravel riding in the Central West



Pop Up Café – Goonoo Forest



Tastes of Mendooran Dinner at the Showground