

Mendooran Food Cycle - Program 17 to 20 Sept 2026
By Central West Cycle Trail Inc
centralwestcycletrail.com.au



First edition – 11 Feb 26

| Time | Activity | Location | Organised by | Price | Link to tickets |
|-------------------------|---|--|--------------------------------|-------|---|
| Thursday 17 Sept | | | | | |
| 9.00am | Ride Gulgong to Dunedoo (58km) join the crew heading to Mendooran via the CWC Trail | Coronation Park, Mayne St, Gulgong | CWCT Committee but self-guided | Free | Indicate intention to ride - thanks |
| 11am – 1.30pm | Lunch at “Mayfield” let Sue show you their beautiful garden and some great home cooking | Bus Route South Rd, Birriwa, 35km up the CWCT from Gulgong, OR 25 km back from Dunedoo | Sue and Geoff Rains | \$35 | Indicate intention to ride - thanks |
| Friday 18 Sept | | | | | |
| 8.30am | Ride Dunedoo to Mendooran via Cobbora (67km) join the crew heading to Mendooran via the CWC Trail | White Rose Cafe. Bolaro Street, Dunedoo | CWCT Committee but self-guided | free | Indicate intention to ride - thanks |
| 9.30 - 11.45am | Brunch at “Cobbora Station” On your way to Mendooran from Dunedoo one of the iconic stops is Cobbora Station for brunch. | “Cobbora Station”, turn west off Cobbora Rd, 500m from edge of township of Cobbora, 25 km from Dunedoo via CWC Trail | Sally Dent | \$35 | Buy ticket (booking essential) |
| 9.00am | Ride Coolah to Mendooran via Cobbora (64km) join the crew heading to Mendooran | Coolah Bakery. The ride goes via Neilrex Rd – return on the Sunday via Digilah-Mt Hope – a nice loop | CWCT Committee but self-guided | free | Indicate intention to ride - thanks |
| 9.00am | Ride Ballimore to Mendooran (61km) join the crew heading to Mendooran via the CWC Trail | Ballimore Park. Cycle through the wonderful Goonoo Forest | CWCT Committee but self-guided | free | Indicate intention to ride - thanks |
| Saturday 19 Sept | | | | | |
| 7.30am | Mendooran - Dunedoo Gran Fondo / Century Ride: Long loop ride (120km) to Cobbora, Dunedoo (lunch), then back via Digilah, Route follows the CWC Trail. CLICK HERE FOR ROUTE | Mendooran Cafe, Bandulla St, Mendooran | CWCT Committee but self-guided | Free | Indicate intention to ride - thanks |
| 8.15am | Yarragrin Creek & LOOPS First section suitable for road bikes! A first. Yarragrin Creek 40km return (all sealed - suitable for road bikes) MAP Click here 46km loop with gravel MAP click here 80km loop with gravel MAP click here Enjoy morning tea on the way, see below. | Mendooran Cafe, Bandulla St, Mendooran | CWCT Committee | Free | Indicate intention to ride - thanks |

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| 8.45 - 11am  | Pop Up Yarragrin Creek Café. Coffee, tea and more to be found as you take in the rural surrounds. | Yarragrin Creek on road to Tooraweenah (Gentle Annie Rd), 18km north of Mendooran | CWCT Committee | \$20 | Buy ticket (booking essential) |
| 8.30 - 9.45am  | Ride around Mendooran (8 km), a quiet cycle through the back streets and along the river. CLICK HERE FOR ROUTE | Mendooran Cafe, Bandulla St, Mendooran | CWCT Committee | Free | Indicate intention to ride - thanks |
| 10.00 - 11.30am  | Mendooran Heritage and Architectural Walk , classic examples of Art Deco and colonial styles, hear the stories. | Mendooran Cafe, Bandulla St, Mendooran | CWCT Committee | \$7.50 | Buy ticket (booking essential) |
| 1.30 - 2.30pm  | Bees, Honey and Mead. This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery. | 79 Frederick Road, Mendooran | Adrian Grew, The Bee Famer | \$30 | Buy ticket (booking essential) |
| 2 – 4pm | Weave your Walk - A gentle walk on Wiradjuri Country gathering inspiration and material followed by a workshop using materials gathered. | Mendooran Showground, 35 Dalglish Street, Mendooran | Three Rivers Landcare & Dunedoo Makers Space | \$20 | Buy ticket (booking essential) |
| 3 – 3.45pm  | Black Gate Distillery Genise and Brian offer a unique experience with tastings of their Dark Rum and Single Malt Whisky. Tastings are designed to take you on a journey of flavours, showcasing the best. | Forest Rd (main road going to Dubbo) between Frederick and Railway St, Mendooran. Please enter "Black Gate Distillery" into your navigation system. | Genise and Brian of Black Gate Distillery | \$30 | Buy ticket (booking essential) |
| 3.30 - 4.30pm  | Bees, Honey and Mead. This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery. | 79 Frederick Road, Mendooran | Adrian Grew, The Bee Famer | \$30 | Buy ticket (booking essential) |
| 4.15 – 5.00pm  | Black Gate Distillery Genise and Brian offer a unique experience with tastings of their Dark Rum and Single Malt Whisky. Tastings are designed to take you on a journey of flavours, showcasing the best. | Forest Rd (main road going to Dubbo) between Frederick and Railway St, Mendooran. Please enter "Black Gate Distillery" into your navigation system. | Genise and Brian of Black Gate Distillery | \$30 | Buy ticket (booking essential) |

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|--|--|---|--|------|---|
| 6 for 6.30pm     | <h2>Tastes of Mendooran Dinner</h2> <p>The fire will be alight, whilst the Mendooran Show Society provides a multi-course dinner. With the baked vegetables. Select from the slow cookers: lamb, beef, pork - all from the district. Vegetarian options available. Then the desserts made from local goodies.</p> | Mendooran Showground, 35 Dalglish Street, Mendooran | The Mendooran Pastoral Agricultural & Horticultural Society. | \$35 | Buy ticket (booking essential) |
| Sunday 20 Sept | | | | | |
| 8.15am  | Return rides: Mendooran to Dunedoo or Coolah | Mendooran Cafe, Bandulla St, Mendooran | CWCT Committee or Self-guided | Free | Indicate intention to ride - thanks |
| 8.15am  | Ride the Goonoo forest trails where meeting a vehicle is once in a 'blue moon' event. This is one of the most popular sections of the CWCT. You can either be riding onto Ballimore (60km Mendooran-Ballimore) or looping back to Mendooran via Deadman's Gully (51km). CLICK HERE FOR ROUTE Enjoy morning tea on the way, see Café Denmire below. | Mendooran Cafe, Bandulla S, Mendooran | CWCT Committee | Free | Indicate intention to ride - thanks |
| 8.45 - 11am onwards   | Pop Up Denmire Café. Coffee, tea and more to be found as you pedal through the forest. | Denmire Creek, intersection with Forest Rd (Mendooran - Dubbo Rd) | CWCT Committee | \$20 | Buy ticket (booking essential) |

Notes

Rides  – From a Gran Fondo to a pedal around town and everything in between, the weekend has it all. Ride when you want, where you want.

We are planning to have a rider who knows the route along on most rides for the times published. However you may need to be more self-sufficient on some of the longer 'Self-guided' rides. Use the 'Ridewithgps' routes from the links to also ride at other times.

Accommodation – There is a range of accommodation in and around Mendooran – camping at the Showground (plenty of undercover space and hot showers) or beside the Castlereagh River, local pubs and clubs, bed and breakfast and cottages. All but the camping will be tight so book early. Use the 'Accommodation-Tours-Transport' tab on the CWCT website for guidance, follow the link: [CLICK HERE FOR ACCOMMODATION](#) OR refer to the attached 'Quick Reference Accommodation Guide'.

NEWS FLASH – SPACIOUS TENTS (3m x 2.4m) NOW AVAILABLE: Dubbo Scouts will arrange for a **fully erected** tent for hire over the weekend. Place your order by **14 September 2026** and it will be at the showground for you when you arrive on Fri 18 Sept. [Link to order a tent](#) for Fri and Sat nights. If you have other needs, such as camp beds, chairs, etc please drop us an email: info@centralwestcycletrail.com.au.

Lunches/Dinner/Snacks – The following arrangements are current but may be updated as we get closer to the weekend.

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|-----------------|--|---|---------------|-------------------------------|---|
| <u>Saturday</u> | Mendooran Café Blue Sky Cheese Royal Hotel | 6am – 6pm 10am – 4pm 11.30am - 2pm and 5.30 - 8pm | <u>Sunday</u> | Mendooran Café Royal Hotel | 7am – 4pm 11.30am - 2pm and 5.30 - 8pm |
|-----------------|--|---|---------------|-------------------------------|---|

Bike Hire - Mendooran itself does not have bike hire but enquire to Dubbo-based Cooper Cycle Tours (0437 136 169) who will be attending the weekend.

Transport - The only public transport to Mendooran is NSW Trainlink, with the Lithgow to Mendooran leg being by bus. Unfortunately bikes currently need to be boxed after Lithgow, but if you have time there are a couple of cycling route options.

Maps – Route Options

Other cycling routes around Mendooran will be posted well before the weekend. In the run up to the Mendooran Food Cycle the number of suggested routes may increase. If you're thinking of driving to a local town and doing a loop ride as part of the Food Cycle weekend but haven't got time for the whole CWCT there are a range of options available to connect Mendooran/Ballimore to/from Dunedoo/Goolma/Gulgong. Contact us for more information: info@centralwestcycletrail.com.au

Further information

For further information watch the [CWC Facebook](#) site or [CWCT](#) website News section. Any updates will be available on the CWCT website News section, although the Face Book site will be preferred as we get within the last week before the event. On the weekend the **Mendooran Showground** will be the key location for information.

The weekend is organised by and is the main annual fund raiser for the Central West Cycle Trail Committee. We appreciate your support !!

Email: info@centralwestcycletrail.com.au www.centralwestcycletrail.com.au



Canola views on the CWC Trail in Spring



Great gravel riding in the Central West



Pop Up Café – Goonoo Forest



Tastes of Mendooran Dinner at the Showground