

# Mendooran Food Cycle Program - 15 to 18 May 2025






By Central West Cycle Trail Inc









[centralwestcycletrail.com.au](http://centralwestcycletrail.com.au)




4th edition – 30 Jan 2025

Time	Activity	Location	Organised by	Price	Link to tickets
<b>Thursday 15 May</b>					
9.00am 	<b>Ride Gulgong to Dunedoo</b> (58km) join the riders heading to Mendooran via the CWC Trail' <a href="#">CLICK HERE FOR ROUTE</a>	Coronation Park, Mayne St, Gulgong	CWCT Committee but self-guided	Free	<a href="#">Indicate intention to ride - thanks</a>
4 - 5.30pm 	<b>Dunedoo Museum Tour</b> , get to know the history of the area with our local historian.	Dunedoo Museum (same building as Library) Bolaro St, Dunedoo	Sharon Nott, local historian	\$10	<a href="#">Buy ticket</a>
<b>Friday 16 May</b>					
8.30am 	<b>Ride Dunedoo to Mendooran via Cobbora</b> (67km) 'join the crew heading to Mendooran via the CWC Trail'	White Rose Cafe. Bolaro Street, Dunedoo	CWCT Committee but self-guided	free	<a href="#">Indicate intention to ride - thanks</a>
4 - 5.30pm 	<b>Dunedoo Museum Tour</b> , get to know the history of the area with our local historian.	Dunedoo Museum (same building as Library) Bolaro St, Dunedoo	Sharon Nott, local historian	\$10	<a href="#">Buy ticket</a>
9 - 10.30am 	<b>Brunch</b> at "Cobbora Station". On your way to Mendooran from Dunedoo one of the iconic stops is Cobbora Station for brunch. Booking essential.	"Cobbora Station", turn west off Cobbora Rd, 500m from edge of township of Cobbora, 25 km from Dunedoo via CWC Trail	Sally Dent	\$33	<a href="#">Buy ticket (booking essential)</a>
<b>Saturday 17 May</b>					
7.30am 	<b>Mendooran-Dunedoo Gran Fondo / Century Ride</b> : Long loop ride (120km) to Cobbora, Dunedoo (lunch), then back via Digilah, Route follows the CWC Trail. <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee but self-guided	Free	<a href="#">Indicate intention to ride - thanks</a>
8.15am 	<b>Rides Merrygoen</b> , short loop (35 km) and long loop (55 km). <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee, John Fuller & Mick Cooper	Free	<a href="#">Indicate intention to ride - thanks</a>
8.30 - 9.45am 	<b>Ride around Mendooran</b> (8 km), a quiet cycle through the back streets and along the river. <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee member Sharon Nott	Free	<a href="#">Indicate intention to ride - thanks</a>
10.00 - 11.30am 	<b>Mendooran Heritage and Architectural Walk</b> , classic examples of Art Deco and typical colonial styles, hear the stories.	Mendooran Cafe, Bandulla St, Mendooran	Barbara Hickson, Heritage Architect and CWCT, and Sharon Nott, CWCT	\$5	<a href="#">Buy ticket (booking essential)</a>

12.50 - 2.30pm 	<b>Clem's Garden Tour.</b> Introduction to his goats and then stroll around his garden providing the good oil on what and when to grow in the Central West. Clem is a local gardener who grows a very substantial part of his annual food supply needs.	Mendooran Showground, 35 Dalglish Street, Mendooran	Clem Chapman - local Mendooran gardener	\$5	<a href="#">Buy ticket (booking essential)</a>
1.00 - 2.30pm 	<b>Life of Bees and Tastes of Honey.</b> This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery.	79 Frederick Road, Mendooran	Adrian Grew, The Bee Farmer	\$20	<a href="#">Buy ticket (booking essential)</a>
3.00 - 4.30pm 	<b>Life of Bees and Tastes of Honey.</b> This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery.	79 Frederick Road, Mendooran	Adrian Grew, The Bee Farmer	\$20	<a href="#">Buy ticket (booking essential)</a>
5.00 – 6.30pm 	<b>Local Produce Evening Market</b> A showcasing of local produce where you can meet some of the growers, and a chance to get something to take on the next day's ride or to carry home.	Mendooran Showground, 35 Dalglish Street, Mendooran	Carmel Bundy, Three Rivers Landcare Coolah, Dunedoo, Mendooran	Free	
6.00pm onwards 	<h2 style="text-align: center;">Tastes of Mendooran Dinner</h2> <p>The fire will be alight, whilst the Mendooran Show Society provides a multi-course dinner. With the baked vegetables you can select from the slow cookers the lamb, the beef, the pork of the district. Vegetarian options available. Then the desserts made from local goodies.</p>	Mendooran Showground, 35 Dalglish Street, Mendooran	The Mendooran Pastoral Agricultural & Horticultural Society.	\$35	<a href="#">Buy ticket (booking essential)</a>

Sunday 18 May					
8.15am 	<b>Ride Mendooran to Dunedoo via Cobbora</b> and visit Sally's for Brunch (see below @ 9.30am, tickets and payment) on the way.	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee but self-guided	Free	<a href="#">Indicate intention to ride - thanks</a>
8.15am 	<b>Ride through the Goonoo forest</b> trails where meeting a vehicle is once in a 'blue moon' event. You can either be riding onto Ballimore (60km Mendooran-Ballimore) or looping back to Mendooran via Deadman's Gully and Punks Trail (51km). Enjoy morning tea on the way, see Café in the Goonoo below. Mendooran Goonoo Loop <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla S, Mendooran	CWCT Committee member Dave Allworth	Free	<a href="#">Link intention to ride - thanks</a>
8.30 - 9.45am 	<b>Ride around Mendooran</b> (8 km), a quiet cycle through the back streets and along the river. Then swing into the Autumn Markets. <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee member	Free	<a href="#">Link intention to ride - thanks</a>
8.45am onwards  	<b>Goonoo Café.</b> Coffee, tea and more to be found as you pedal through the forest.	Denmire Creek intersection with Forest Rd (Mendooran-Dubbo Rd)	Three Rivers Landcare Coolah, Dunedoo, Mendooran	\$17.00	<a href="#">Buy ticket (booking essential)</a>
9.00am onwards 	<b>Autumn Markets at Blue Sky Cheese</b> Blue Sky Cheese is hosting a range of stalls from local food producers to those with something interesting to sell. Coffee van is usually nearby.	Blue Sky Cheese Shop, Bandulla St, Mendooran	Deb Kiem, Blue Sky Cheese	Free	
9.30 - 11.45am  	<b>Brunch</b> at "Cobbora Station" On your way to Dunedoo from Mendooran one of the iconic stops is Cobbora Station for brunch. At 40km from Mendooran and another 25km to Dunedoo it is just the right time to stop.	"Cobbora Station", turn west off Cobbora Rd, 500m from edge of township of Cobbora, 40km from Mendooran via CWC Trail	Sally Dent	\$33	<a href="#">Buy Ticket (booking essential)</a>

**Rides**  – ride when you want, where you want. However, or you can join a group heading in a particularly direction – see above. We are planning to have a rider who knows the route present on most rides for the times published. However you may need to be more self-sufficient on some of the longer 'Self-guided' rides. Use the 'RidewithGPS' routes from the links to also ride at other times.

**Accommodation** – There is a range of accommodation in and around Mendooran – but for an event like this be early to book. The strength of Mendooran are the camping options – the Showground (plenty of undercover space and hot showers), beside the Castlereagh River,. Use the 'Accommodation-Tours-Transport' tab on the CWCT website for guidance, follow the links: [CLICK HERE FOR ACCOMMODATION](#) OR refer to the '[QUICK REFERENCE ACCOMMODATION GUIDE](#)'.

## TENTS FOR HIRE!! – camping options is Mendooran’s strength



The best option we can find for tent & camping equipment hire is : <https://www.overnightadventures.com/camping-equipment-rental> Ask for the tent be delivered and picked up from the Mendooran Showground. For delivery to Mendooran give contact of Showground Treasurer, Deb Keim on 0448 344 027. Recommend you get your order in by **Thursday 1 May** so it will be available at the showground for you when you arrive.

**Lunches/Dinner/Snacks/Supplies** – The following arrangements are current but may be updated.

<u>Saturday</u>			<u>Sunday</u>	
Mendooran Café & Convenience	0489 213 511	6am – 6pm	Mendooran Café & Convenience	7am – 4pm
Blue Sky Cheese	0448 344 027	10am – 4pm	Blue Sky Cheese	0448 344 027 9am – whilst markets open
Royal Hotel	02 68886 2084	11.30am - 2pm & 5.30 - 8pm	Royal Hotel	11.30am - 2pm and 5.30 - 8pm
Hayes Coffee Coffee Van	0423 328 747	8am - noon	Hayes & Co Coffee Van	0423 328 747 8am - noon

**Bike Hire** - Mendooran itself does not have bike hire but enquire to Dubbo-based Cooper Cycle Tours (0437 136 169) who will be attending the weekend.

**Transport** - The only public transport to Mendooran is NSW Trainlink, with the Lithgow to Mendooran leg being by bus. Unfortunately bikes currently need to be boxed after Lithgow, but if you have time there are a couple of cycling route options.

## Maps – Route Options

For cycling routes around Mendooran [CLICK HERE](#). Route variety will increase as we approach the weekend.

If you’re thinking of driving to a local town and doing a loop ride to Mendooran as part of the Food Cycle weekend but haven’t got time for the whole CWCT there are a range of options available. Contact us for more advice/information: [info@centralwestcycletrail.com.au](mailto:info@centralwestcycletrail.com.au) or call David Allworth 0408 726 038.

## Further information

For further information and updates watch the [CWC Facebook](#) site or [CWC](#) website News section. On the weekend the Mendooran Showground will be the key location for information.

Organised by the Central West Cycle Trail Incorporated.

Email: [info@centralwestcycletrail.com.au](mailto:info@centralwestcycletrail.com.au)    [www.centralwestcycletrail.com.au](http://www.centralwestcycletrail.com.au)