








# Mendooran Food Cycle Program - 15 to 18 May 2025







By Central West Cycle Trail Inc



[centralwestcycletrail.com.au](http://centralwestcycletrail.com.au)




Third edition – 15 Dec 2024 (new edition with further updates due early 2025)

Time	Activity	Location	Organised by	Price	Link to tickets
<b>Thursday 15 May</b>					
9.00am 	<b>Ride Gulgong to Dunedoo</b> (58km) join the crew heading to Mendooran via the CWC Trail' <a href="#">CLICK HERE FOR ROUTE</a>	Coronation Park, Mayne St, Gulgong	CWCT Committee but self-guided	Free	<a href="#">Indicate intention to ride - thanks</a>
4 - 5.30pm 	<b>Dunedoo Museum Tour</b> , get to know the history of the area with our local historian.	Dunedoo Museum (same building as Library) Bolaro St, Dunedoo	Sharon Nott, local historian	\$10	<a href="#">Buy ticket</a>
<b>Friday 16 May</b>					
8.30am 	<b>Ride Dunedoo to Mendooran via Cobbora</b> (67km) 'join the crew heading to Mendooran via the CWC Trail'	White Rose Cafe. Bolaro Street, Dunedoo	CWCT Committee but self-guided	free	<a href="#">Indicate intention to ride - thanks</a>
4 - 5.30pm 	<b>Dunedoo Museum Tour</b> , get to know the history of the area with our local historian.	Dunedoo Museum (same building as Library) Bolaro St, Dunedoo	Sharon Nott, local historian	\$10	<a href="#">Buy ticket</a>
9 - 10.30am	<b>Brunch</b> at "Cobbora Station". On your way to Mendooran from Dunedoo one of the iconic stops is Cobbora Station for brunch.	"Cobbora Station", turn west off Cobbora Rd, 500m from edge of township of Cobbora, 25 km from Dunedoo via CWC Trail	Sally Dent	\$33	<a href="#">Buy ticket (booking essential)</a>
<b>Saturday 17 May</b>					
7.30am 	<b>Mendooran-Dunedoo Century Ride</b> : Long loop ride (120km) to Cobbora, Dunedoo (lunch), then back via Digilah, Route follows the CWC Trail. <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee but self-guided	Free	<a href="#">Indicate intention to ride - thanks</a>
8.15am 	<b>Rides Merrygoen</b> , short loop (35 km) and long loop (55 km). <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee, John Fuller & Mick Cooper	Free	<a href="#">Indicate intention to ride - thanks</a>
8.30 - 9.45am 	<b>Ride around Mendooran</b> (8 km), a quiet cycle through the back streets and along the river. <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee member Sharon Nott	Free	<a href="#">Indicate intention to ride - thanks</a>
9.45 - 11.45am	<b>Morning Tea</b> at the <b>Shearers' Quarters</b> café at the Showground.	O'Leary Pavilion, Showground, 35 DalGLISH Street, Mendooran		TBA	<a href="#">Ticket Link to come</a>

10.00 - 11.30am 	<b>Mendooran Heritage and Architectural Walk</b> , classic examples of Art Deco and typical colonial styles, hear the stories.	Mendooran Cafe, Bandulla St, Mendooran	Barbara Hickson, Heritage Architect and CWCT, and Sharon Nott, CWCT	\$5	<a href="#">Buy ticket (booking essential)</a>
12.50 - 2.30pm 	<b>Clem's Garden Tour</b> . Introduction to his goats and then stroll around his garden providing the good oil on what and when to grow in the Central West. Clem is a local gardener who grows a very substantial part of his annual food supply needs.	Mendooran Showground, 35 Dalglish Street, Mendooran	Clem Chapman - local Mendooran gardener	\$5	<a href="#">Buy ticket (booking essential)</a>
1.00 - 2.30pm 	<b>Life of Bees and Tastes of Honey</b> . This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery.	79 Frederick Road, Mendooran	Adrian Grew, The Bee Famer	\$20	<a href="#">Buy ticket (booking essential)</a>
3.00 - 4.30pm 	<b>Life of Bees and Tastes of Honey</b> . This will get your mind buzzing! An incredible insight into and a taste of the Australian bee industry from Adrian Grew principal of The Bee Farmer. Now includes Dark Sky Meadery.	79 Frederick Road, Mendooran	Adiran Grew, The Bee Famer	\$20	<a href="#">Buy ticket (booking essential)</a>
5.00 – 6.30pm	<b>Local Produce Evening Market</b> A showcasing of local produce where you can meet some of the growers, and a chance to get something to take on the next day's ride or to carry home.	Mendooran Showground, 35 Dalglish Street, Mendooran	Carmel Bundy, Three Rivers Landcare Coolah, Dunedoo, Mendooran	Free	
5.30pm onwards  	<b>Tastes of Mendooran Dinner</b> The fire will be alight, whilst the Mendooran Show Society provides a multi-course dinner. Vegetarian options available. With the baked vegetables you can select from the slow cookers the lamb, the beef, the pork of the district. Vegetarian options available. Then the desserts made from local goodies.	Mendooran Showground, 35 Dalglish Street, Mendooran	The Mendooran Pastoral Agricultural & Horticultural Society.	\$35	<a href="#">Buy ticket (booking essential)</a>

Sunday 18 May					
8.15am 	<b>Ride Mendooran to Dunedoo via Cobbora</b> and visit Sally's for Brunch (see below @ 9.30am, tickets and payment) on the way.	Mendooran Cafe, Bandulla St, Mendooran	CWCT Committee but self-guided	Free	<a href="#">Indicate intention to ride - thanks</a>
8.15am 	<b>Ride through the Goonoo forest</b> trails where meeting a vehicle is once in a 'blue moon' event. You can either be riding onto Ballimore (60km Mendooran-Ballimore) or looping back to Mendooran via Deadman's Gully (51km). Enjoy morning tea on the way, see Café in the Goonoo below. <a href="#">CLICK HERE FOR ROUTE</a>	Mendooran Cafe, Bandulla S, Mendooran	CWCT Committee member Dave Allworth	Free	<a href="#">Link intention to ride - thanks</a>
8.45am onwards	<b>Goonoo Café.</b> Coffee, tea and more to be found as you pedal through the forest.	Denmire Creek intersection with Forest Rd (Mendooran-Dubbo Rd)	Three Rivers Landcare Coolah, Dunedoo, Mendooran	TBA	<a href="#">Buy ticket (booking essential)</a>
9.00am onwards	<b>Autumn Markets at Blue Sky Cheese</b> Blue Sky Cheese is hosting a range of stalls from local food producers to those with something interesting to sell. Coffee van is usually nearby.	Blue Sky Cheese Shop, Bandulla St, Mendooran	Deb Kiem, Blue Sky Cheese	Free	
9.30 - 11.45am	<b>Brunch</b> at "Cobbora Station" On your way to Dunedoo from Mendooran one of the iconic stops is Cobbora Station for brunch. At 40km from Mendooran and another 25km to Dunedoo it is just the right time to stop.	"Cobbora Station", turn west off Cobbora Rd, 500m from edge of township of Cobbora, 40km from Mendooran via CWC Trail	Sally Dent	\$33	<a href="#">Buy Ticket (booking essential)</a>

## Notes:

**Rides**  – ride when you want, where you want. We are planning to have a rider who knows the route along on most rides for the times published. However you may need to be more self-sufficient on some of the longer 'Self-guided' rides. Use the 'Ridewithgps' routes from the links to also ride at other times.

**Accommodation** – There is a range of accommodation in Mendooran – camping at the Showground (plenty of undercover space and hot showers) or beside Castlereagh River, local pubs and clubs, bed and breakfast and cottages. All but the camping will be tight so book early. More news on the camping options coming. Use the 'Accommodation-Tours-Transport' tab on the CWCT website for guidance, follow the link: [CLICK HERE FOR ACCOMMODATION](#)

**Lunches/Dinner** – The following arrangements are current but may be updated as we get closer to the weekend.

<u>Saturday</u>	Mendooran Café Blue Sky Cheese Royal Hotel	6am – 6pm 10am – 4pm 11.30am - 2pm and 5.30- 8pm	<u>Sunday</u>	Mendooran Café Royal Hotel	7am – 2pm 11.30am - 2pm and 5.30- 8pm
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**Bike Hire** - Mendooran itself does not have bike hire but enquire to Dubbo-based Cooper Cycle Tours (0437 136 169) who will be attending the weekend.

**Transport** - The only public transport to Mendooran is NSW Trainlink, with the Lithgow to Mendooran leg being by bus. Unfortunately bikes currently need to be boxed after Lithgow, but if you have time there are a couple of route options.

## Maps – Route Options

Other cycling routes around Mendooran will be posted well before the weekend. In the run up to the Mendooran Food Cycle the number of suggested routes will increase.

If you're thinking of driving to a local town and doing a loop ride as part of the Food Cycle weekend but haven't got time for the whole CWCT there are a range of options available to connect Mendooran/Ballimore to/from Dunedoo/Goolma/Gulgong. Contact us for more information: [info@centralwestcycletrail.com.au](mailto:info@centralwestcycletrail.com.au)

## Further information

For further information watch the [CWC Facebook](#) site or [CWC](#) website News section. Any updates will be available on the CWCT website News section.

On the weekend the Mendooran Showground will be the key location for information.

Organised by the Central West Cycle Trail Incorporated.

Email: [info@centralwestcycletrail.com.au](mailto:info@centralwestcycletrail.com.au)

[www.centralwestcycletrail.com.au](http://www.centralwestcycletrail.com.au)